The Cavell Nurses’ Trust is here to help people just like you...

**SHERMIN’S STORY**

When Shermin, a former community nurse from Birmingham, was diagnosed with end-stage kidney failure everyday life as she knew it suddenly stopped. Her devastating illness robbed her of a job she loved and took away her financial stability — at times she barely had the strength to look after her family. She told us that nursing was her life and the illness meant she became isolated. With two sons who were very young at the time — aged just seven and two — it put an enormous strain on the family. Shermin found it very hard to ask for help because she was so used to giving it.

Eventually, a colleague put her in touch with Cavell Nurses’ Trust. A shortage of money meant the family was unable to replace three beds, two of which were broken — they also needed new bedding. A grant of £1,300 put that right and paid for a short break for the family to enjoy some much-needed time together, away from the stresses of everyday life.

Despite having dialysis three times a week, Shermin helps out with the local children’s ministry through her church and she has just been appointed as a volunteer bereavement support worker, a role in which she is looking forward to using her professional expertise.

**EDITH CAVELL**

As a charity the Cavell Nurses’ Trust helps people at no cost. There is no membership and the trust is not a union or insurance scheme. It all starts by getting in touch. And it began with Edith Cavell.

Edith Cavell was a British nurse born in 1865. She is celebrated for saving the lives of world war one soldiers on both sides of the conflict. Because she helped 200 allied soldiers reach freedom from German-occupied Belgium, Edith was arrested, found guilty of treason and executed by a German firing squad on 12 October, 1915. This caused a public outcry in Britain, with campaigns in national newspapers which eventually led to the Cavell Nurses’ Trust being established. This year is the centenary of her execution and we’re marking this historic occasion with our centenary appeal.

**WHAT NOW?**

Firstly, the Cavell Nurses’ Trust is proud to say ‘we’re here for nurses’ (you can follow us at the Twitter hashtag #herefornurses), so if you or a colleague need our help, please get in touch. Secondly, we need your assistance to help more people. I’m asking you to please sign up for email updates so we can keep you informed of volunteering and fund-raising opportunities.

To find out more, sign up for email updates at: www.cavellnursestrust.org/sign-up
JCN on the go

Now you can read JCN on the move via your tablet and mobile with our new page-turning edition.

All the features and clinical content of the print journal available online in an easy-to-read digital format.

Visit: http://www.jcn.co.uk
EXHIBITION & STUDY DAYS 2015
FREE LOCAL EDUCATION FOR ALL THOSE WORKING IN PRIMARY CARE

NEW AND IMPROVED PROGRAMME
Extended exhibition viewing time, with companies representing stoma care, wound care, continence, nutrition, and equipment, to name but a few.

EVENTS CALENDAR
- Blackpool: De Vere Village Hotel Wednesday 11 February
- Cardiff: De Vere Village Hotel Wednesday 11 March
- Newcastle: De Vere Village Hotel Wednesday 25 March
- Coventry: De Vere Village Hotel Wednesday 29 April
- Peterborough: Holiday Inn Wednesday 3 June
- Swindon: De Vere Village Hotel Wednesday 10 June
- Leeds: De Vere Village Hotel Wednesday 24 June
- Bournemouth: De Vere Village Hotel Wednesday 8 July
- Elstree: Holiday Inn Wednesday 9 September
- Ashford: Ashford International Hotel Wednesday 14 October
- Sheffield: Doubletree by Hilton Wednesday 18 November
- Norwich: Norwich City Football Club Wednesday 2 December

AS WELL AS THE MAIN EDUCATIONAL SESSIONS PRESENTED BY CLINICAL SPECIALISTS, THE EVENTS ALSO INCLUDE:
- Learning zones: three practical, hands-on sessions that focus on important areas of your caseload
- Regional sessions: hosted by local NHS organisations, these sessions cover topics that matter to your community

The exhibition also provides the opportunity to see and discuss latest products, treatments and techniques, and to catch up with colleagues and enjoy a free lunch.

WHO SHOULD ATTEND?
• District nurses  • Community nurses • Practice nurses • Nursing home and school nurses • Health visitors • Primary care trusts  • Healthcare assistants

To register for the JCN event of your choice and see the full day’s programme, go to: www.jcn.co.uk and follow the link from the home page, or email: angela@jcn.co.uk

Jennifer Brown, practice nurse
Having recently moved into practice nursing from a hospital setting, it was really helpful to have the chance to meet the people who are producing and designing products at the JCN exhibition, rather than simply learning about what is available from hearsay.
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At JCN study days at Village hotels, all delegates will receive a free day pass to use their leisure facilities on another day.

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‘I haven’t been to an event in a while, but this is so well-organised and up to date, and the speakers were very entertaining and informative.’

Shirley Wallington, community nurse

‘Absolutely brilliant day — so informative.’

Mary McGhee, practice nurse

‘Having recently moved into practice nursing from a hospital setting, it was really helpful to have the chance to meet the people who are producing and designing products at the JCN exhibition, rather than simply learning about what is available from hearsay.’

Jennifer Brown, practice nurse