

# Cutting and Application Guide

ConvaFoam adhesive dressings are designed to be repositionable upon application to avoid wasted dressing changes and the silicone adhesive is designed to minimise sticking to itself or medical gloves to aid ease of use.<sup>1</sup>

<p><b>Finger or Toe</b></p> <ol style="list-style-type: none"> <li> <b>Cut</b> a 'T'-shape out of a small square dressing. Keep the offcuts to secure the dressing once in position.</li> <li> <b>Apply</b> the tail of the 'T' to the length of the finger.</li> <li> <b>Wrap</b> the horizontal part of the 'T' around the sides of the finger. Use any silicone offcuts to cover any exposed foam.</li> </ol>	<p><b>Fingers or Toes</b></p> <ol style="list-style-type: none"> <li> <b>Cut</b> two 'V'-shapes out of a small square dressing.</li> <li> <b>Apply</b> one half of the dressing to the back of the hand.</li> <li> <b>Push</b> the remaining half between the fingers and secure on the palm.</li> </ol>
<p><b>Toe or Finger</b></p> <ol style="list-style-type: none"> <li> <b>Cut</b> into a 'H'-shape dressing by cutting out two small squares.</li> <li> <b>Place</b> the middle of the dressing under the toe, using the longer piece to wrap around the toe.</li> <li> <b>Fold</b> the remaining dressing over the top of the toe and repeat the wrapping process. Use the silicone offcuts to secure.</li> </ol>	<p><b>Feet or Hands</b></p> <ol style="list-style-type: none"> <li> <b>Fold</b> the dressing in half, and cut four evenly spread slits in the middle of the dressing.</li> <li> <b>Place</b> the toes through each of the holes, then secure the dressing to the underside of the foot.</li> <li> <b>Pull</b> the dressing tight through to toes and secure to the top of the foot.</li> </ol>
<p><b>Heel, Knee or Elbow</b></p> <ol style="list-style-type: none"> <li> <b>Cut</b> a square out of the corner of a square dressing to form a 'V', keep the silicone offcuts to secure the dressing after application.</li> <li> <b>Place</b> the heel into the bottom of the 'V' on the cut dressing.</li> <li> <b>Wrap</b> the two sides up and around the heel. Use the silicone offcuts to secure.</li> </ol>	<p><b>Palm</b></p> <ol style="list-style-type: none"> <li> <b>Cut</b> a slit approximately 2/3 through the length of dressing.</li> <li> <b>Place</b> the slit over the thumb with the smaller portion on the back of the hand.</li> <li> <b>Stick</b> the larger portion of the dressing over the palm, shaping it around the thumb to stick to the smaller section you have already positioned.</li> </ol>
<p><b>Drainage / PEG* sites</b> <small>*Percutaneous Endoscopic Gastrostomy</small></p> <ol style="list-style-type: none"> <li> <b>Cut</b> half way into a small square dressing, then add two additional small cuts to make a 'Y'-shape.</li> <li> <b>Apply</b> the dressing over the top of the device before securing the sides underneath the tube.</li> </ol>	<p><b>Armpit</b> <b>Elbow, Heel or Knee</b></p>   <div data-bbox="1562 1926 1925 2253" style="border: 2px solid purple; border-radius: 15px; padding: 10px; background-color: #4b0082; color: white;"> <p><b>ConvaFoam</b><sup>®</sup> can be cut to any size or shape to aid application on difficult to dress areas.<sup>2</sup></p>  </div>

## Tips to support cutting and application



Ensure the release liner / protective film is on the dressing when cutting



ConvaTac™ Silicone has been designed to minimize sticking to itself or medical gloves\*\*1



Use any silicone offcuts to secure the dressing as needed



The integrated slits on ConvaFoam® Sacral & Multisite dressings can be extended to support fitting



The adhesive dressing is designed to be repositionable on application



Medical tape can also be used to secure the dressings as required

Watch our **ConvaFoam**<sup>®</sup> application & removal videos

